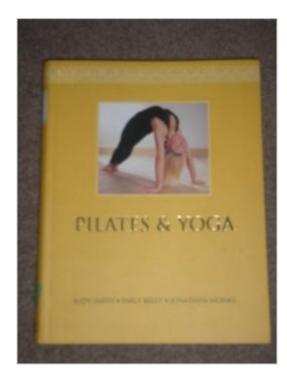
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## **Pilates & Yoga**





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## **Book Information**

Paperback: 264 pages Publisher: Metro Books; First Edition edition (2006) Language: English ISBN-10: 0760780013 ISBN-13: 978-0760780015 Product Dimensions: 8.6 x 6.7 x 0.7 inches Shipping Weight: 1.4 pounds Average Customer Review: Be the first to review this item Best Sellers Rank: #1,802,257 in Books (See Top 100 in Books) #296 in Books > Health, Fitness & Dieting > Exercise & Fitness > Pilates #3833 in Books > Health, Fitness & Dieting > Exercise & Fitness > Yoga

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